

KINDER CUBS

Week #3 (June 29th-July 2nd)


“Nature Detectives”

Dear Families,

Welcome to Kinder Cubs! We will do plenty of fun projects together, go to Memorial park, and swimming at El Cerrito pool. We hope you and your child enjoy your experience with us in Kinder Cubs. We look forward to meeting you and having a fun-filled summer with the kids in our program. If you have any questions or concerns please feel free to speak with the staff and we'll help with a solution.

Please help prepare your child for the week and **make sure that each day your child wears comfortable closed-toe walking shoes, has a hearty lunch and plenty of water to drink.** Please send sunscreen, although we have extra in case someone forgets or runs out.

Schedule for the Week

Monday	<p>Camp Opening! Getting to know you!</p> <ul style="list-style-type: none"> ➤ Welcoming songs, cheers and games. ➤ Make a cool spider hat. ➤ Go on a spider web treasure hunt. ➤ Play a game of catch the fly.
Tuesday	<ul style="list-style-type: none"> ➤ Make a friendly critter pencil! ➤ Cool off swimming at El Cerrito Pool in the afternoon. We will leave the site at 12:30pm and return by 5:00pm. EVERY SWIM DAY kids need to bring a change of clothes, swimsuit, towel, waterproof bag for wet items, sunscreen (needed everyday, not just swim days) and other swim/sun gear desired such as aqua shoes, goggles, hat, sunglasses, etc.
Wednesday	<ul style="list-style-type: none"> ➤ Take a trip to the Tilden Nature Center. ➤ Please arrive by 8:45am. We will leave at 9:15am and return by 2:00pm. ➤ Spin your own Spider Web with a glow in the dark spider. ➤ Play a game of Evolution.
Thursday	<ul style="list-style-type: none"> ➤ Make a Creepy Critter! ➤ Make your own dragonfly. ➤ Kindercub fun at Memorial Park. ➤ We will leave at 1:00 and return by 4:30 for quiet games and stories. ➤ Finish all projects to take home. ➤ Thanks for a great week!!
Friday	<p>CLOSED 4TH OF July</p> 

ART CAMP

Week #3 June 29 – July 2


“Bead Mania”

Dear Families,

Welcome to **Art Camp** and Y camp **Bears & Grizzlies!** If your child is in 2nd or 3rd grade, we call them Bears. If your child is a 4th or 5th grader, we call them Grizzlies. Please pay attention to days and time in the schedule below so that your child can have a successful week at camp. Please help prepare your child for a week of lots of WALKING! Your child will receive their camp shirt on Thursday morning for the fieldtrip. **Your child should arrive every morning for art camp by 8:45am.**

Schedule for the Week

Morning: **Art Camp**

Monday	<ul style="list-style-type: none"> ➤ Getting to know you! ➤ Paper Beads
Tuesday	➤ Fimo Beads and Bead animals
Wednesday	➤ Model Magic Beads
Thursday	➤ <i>Field trip day in the afternoon– Don't forget your Camp shirt!</i> ▼ See Schedule Below ▼
Friday	CLOSED 4TH OF July 

Afternoon: **Bears Camp 2nd & 3rd grade**

Grizzlies Camp 4th & 5th

Monday	<ul style="list-style-type: none"> ➤ Camp Opening! Getting to know you! ➤ Make Sun Catchers 	<ul style="list-style-type: none"> ➤ Camp Opening! Getting to know you! ➤ Play All Horses Run and Word Wall!
Tuesday	<ul style="list-style-type: none"> ➤ Take a trip to Oceanview Park. We will leave at 12:30pm and return by 4:45pm. ➤ Play Capture the Flag! 	<ul style="list-style-type: none"> ➤ Take a trip to Terrace Park. We will leave at 12:30pm and return by 4:45pm. ➤ Play 4 team Capture the Flag!
Wednesday	<ul style="list-style-type: none"> ➤ *Cool off swimming at El Cerrito Pool in the afternoon. We will leave the site at 12:45pm and return by 5:15pm. 	<ul style="list-style-type: none"> ➤ *Cool off swimming at El Cerrito Pool in the afternoon. We will leave the site at 12:30pm and return by 5:00pm.
Thursday	➤ Field Trip to the	
Friday	CLOSED 4TH OF July	

SPECIALTY CAMP

Week #3 June 29 – July 2


“Bowling”

Dear Families,

Welcome to **Bowling Specialty Y-CAMP Bears & Grizzlies!** If your child is in 2nd or 3rd grade, we call them Bears. If your child is a 4th or 5th grader, we call them Grizzlies. Please pay attention to days and time in the schedule below so that your child can have a successful week at camp. Please help prepare your child for a week of lots of WALKING! Your child will receive their camp shirt on Thursday morning for the fieldtrip. **Your child should arrive every morning camp by 8:45am.**

Schedule for the Week

Morning: Swim Camp

Monday	<ul style="list-style-type: none"> ➤ Getting to know you! We will walk to Albany bowl. ➤ Will leave at 9 and return by 11:30.
Tuesday	<ul style="list-style-type: none"> ➤ Bowling in the morning
Wednesday	<ul style="list-style-type: none"> ➤ Bowling
Thursday	<ul style="list-style-type: none"> ➤ Bowling ➤ <i>Field trip day in the afternoon– Don't forget your camp shirt!</i> <p style="text-align: center;">▼ See Schedule Below ▼</p>
Friday	<p>CLOSED 4TH OF July</p> 

Afternoon: Bears Camp 2nd & 3rd grade Grizzlies Camp 4th & 5th grade

Monday	<ul style="list-style-type: none"> ➤ Camp Opening! Getting to know you! ➤ Make Sun Catchers 	<ul style="list-style-type: none"> ➤ Camp Opening! Getting to know you! ➤ Play Frisbee Golf & make Water Color Bookmarks.
Tuesday	<ul style="list-style-type: none"> ➤ Take a trip to Terrace Park. We will leave at 12:30pm and return by 4:45pm. ➤ Play Steal the Bacon! 	<ul style="list-style-type: none"> ➤ Take a trip to Memorial Park. We will leave at 12:30pm and return by 4:45pm. ➤ Play Ultimate Kickball.
Wednesday	<ul style="list-style-type: none"> ➤ *Cool off swimming at El Cerrito Pool in the afternoon. We will leave the site at 12:45pm and return by 5:15pm. 	<ul style="list-style-type: none"> ➤ *Cool off swimming at El Cerrito Pool in the afternoon. We will leave the site at 12:30pm and return by 5:00pm.
Thursday	<ul style="list-style-type: none"> ➤ Field Trip to Pump It Up! We will leave at 12:00 and return by 4:30. ➤ <i>Please sign waivers and have your child wear or bring SOCKS!</i> 	
Friday	<p>CLOSED 4TH OF July</p>	

SPORTS CAMP

Week #3 June 29 – July 2


“Soccer”

Dear Families,

Welcome to **Sports Camp** and Y camp **Bears & Grizzlies!** If your child is in 2nd or 3rd grade, we call them Bears. If your child is a 4th or 5th grader, we call them Grizzlies. Please pay attention to days and time in the schedule below so that your child can have a successful week at camp. Please help prepare your child for a week of lots of WALKING! Your child will receive their camp shirt on Thursday morning for the fieldtrip. **Your child should arrive every morning for camp by 8:45am. We will leave at 9:15 and walk to Memorial Park.**

Schedule for the Week

Morning: Sports Camp

	Monday	Tuesday	Wednesday	Thursday	Friday
9-9:15	Camp Opening and Icebreakers				
9:15-9:30	Warm-ups, exercises and stretches			Warm-ups, exercises and stretches	CLOSED 4TH OF July 
9:30-10:30	Soccer fundamentals and safety	Positions of the game	Passing and shooting drills	Tournament Time!	
10:30-11:45	Games and Scrimmaging			Lunch and get ready for Field trip. See schedule below.	
11:45-12	Wash up for lunch. Transition to afternoon Camp				


Afternoon: Bears Camp 2nd & 3rd grade

Grizzlies Camp 4th & 5th

Monday	<ul style="list-style-type: none"> ➤ Camp Opening! Getting to know you! ➤ Make Sun Catchers 	<ul style="list-style-type: none"> ➤ Camp Opening! Getting to know you! ➤ Play Frisbee Golf & make Water Color Bookmarks.
Tuesday	<ul style="list-style-type: none"> ➤ Take a trip to Terrace Park. We will leave at 12:30pm and return by 4:45pm. ➤ Play Steal the Bacon! 	<ul style="list-style-type: none"> ➤ Take a trip to Memorial Park. We will leave at 12:30pm and return by 4:45pm. ➤ Play Ultimate Kickball.
Wednesday	<ul style="list-style-type: none"> ➤ *Cool off swimming at El Cerrito Pool in the afternoon. We will leave the site at 12:45pm and return by 5:15pm. 	<ul style="list-style-type: none"> ➤ *Cool off swimming at El Cerrito Pool in the afternoon. We will leave the site at 12:30pm and return by 5:00pm.
Thursday	<ul style="list-style-type: none"> ➤ Field Trip to Pump It Up! We will leave at 12:00 and return by 4:30. ➤ <i>Please sign waivers and have your child wear or bring SOCKS!</i> 	
Friday	CLOSED 4TH OF July	

AWESOME ADVENTURES

Week #3 June 29 – July 2

Monday	Tuesday	Wednesday	Thursday	Friday
<p>SWIMMING at Strawberry Canyon Pool at UC Berkeley</p> <p>We will leave at 1:00pm and return by 4:30pm</p>	<p>WINDSURFING at the Berkeley Marina with the UC Aquatic Center</p> <p>Arrive by 8:45am</p> <p>We will leave at 10:00am and return by 3:00pm</p> <p><i>REMEMBER TO SIGN THE WAIVERS FOR WINDSURFING!!</i></p>	<p>OAKLAND A'S VS DETROIT TIGERS GAME</p> <p>Arrive by 10:00am</p> <p>We will leave at 11:00am and return by 4:00pm</p>	<p>FUN DAY!</p> <ul style="list-style-type: none"> • POWERBALL • BOARD GAMES • Wii BOWLING TOURNAMANET 	<p>CLOSED for the 4TH of July</p> 

Important Notices: For safety reasons, it is the policy of the YMCA not to allow parents to pick up or drop off children while programs are in transit or on field trips. As a courtesy to parents, we will allow pick up and drop off of children when they are at local parks and pools, provided that parents arrive BEFORE the program departs, and the child is signed in and out. **Please do not attempt to pick up or drop off your child on any other field trips, or at any time that the group is in transit.** If you need to contact our program, please call the YMCA at 525-1130.

Reminders: Please remember to bring a bottle of water, a big & healthy lunch, and sunscreen EVERYDAY. PLEASE NO JUNK FOOD! It is also important to bring a backpack or a bag that can be closed for carrying belongings and lunches. On swim days don't forget your swimsuit and towel. It is okay on field trip days to bring a little extra spending money, but remember to keep it safe.

We are looking forward to a great summer exploring the Bay Area with the kids. If you have any questions, comments or concerns, please talk with us.

Sincerely, Y-Camp Staff