

**Downtown Berkeley YMCA      Childwatch and Fit Kids**  
**Parent and Child Agreement**

Childwatch may only accept children between the ages of 8 weeks and 7 years. Childwatch may accommodate children ages 8-10 years old during off-peak hours from 11:30 - 2:30 pm. This may only be allowed when Fit Kids is not available and when Childwatch staffing and program areas allows for additional older children. Fit Kids may accept children between the ages of 6-13 years. Children under the age of 6 years old may not be signed into Fit Kids. Parents and their children must read and agree to our terms and conditions before using the Childwatch or Fit Kids programs.

Child's Name: \_\_\_\_\_      DOB: \_\_\_\_\_

Parent's Name: \_\_\_\_\_

Allergies/Special Concerns: \_\_\_\_\_

Anything else we should know about your child? \_\_\_\_\_

**Parent Contract:**

I am the parent or legal guardian of \_\_\_\_\_. I understand that it is my responsibility to:

- Always sign my child(ren) in and out at the Childwatch and/or Fit Kids locations.
- Always leave my YMCA ID card with the Childwatch and/or Fit Kids staff so that they can identify me if necessary.
- Always return within the two hour time limit.
- Always return before the scheduled closing time.
- Always remain in the YMCA facility and inform staff if I change your location in the building.
- Work with the YMCA staff to solve any discipline or behavioral issues that may arise.
- Communicate any concerns or questions that you may have with the program.

I have read and understand the guidelines for using the YMCA Childwatch and/or Fit Kids programs and I agree to comply with the Childwatch and/or Fit Kids policies.

Parent/Guardian Signature: \_\_\_\_\_      Date: \_\_\_\_\_

**Child Contract:**

I am a child ages 8-10 years old using the Childwatch program. I understand that this is a privilege and that it is my responsibility to:

- Be aware of the YMCA character values: Caring, Honesty, Respect, and Responsibility.
- Always treat staff and other children and adults in a respectful manner.
- Always use appropriate language that is not offensive to others.
- Always treat YMCA materials and equipment in a gentle and respectful manner.
- Use "I" messages to avoid conflicts with others. For example, "I feel angry that you are not sharing that toy with me, and I want you to give me a turn."
- Let the staff know when I am not having a good time or when I need help.
- To be a role model for younger children and to assist them and act safely around them at all times.

Child Signature: \_\_\_\_\_      Date: \_\_\_\_\_