

# M.S. Adventures

## Week 5: July 19-July 23

Monday July 19th	Tuesday July 20	Wednesday July 21	Thursday July 22	Friday July 23
<p><i>Field trip to...</i></p> <p><b>Shadow Cliff Lake</b></p> <p>Please Bring:</p> <ul style="list-style-type: none"> <li>• Water</li> <li>• Lunch/snack</li> <li>• Sunscreen</li> <li>• Swimsuit</li> </ul> <p><i>Pick Up after 4:00pm</i></p>	<p><i>Field trip to...</i></p> <p><b>Raging Water</b></p> <p>Please Bring:</p> <ul style="list-style-type: none"> <li>• Water</li> <li>• Lunch/snack</li> <li>• Sunscreen</li> <li>• Swimsuit</li> </ul> <p><b><u>Bus Leaves at 9:00am</u></b></p> <p><b><u>Pick Up after 5:00pm</u></b></p>	<p><i>Field trip to...</i></p> <p><b>Water World</b></p> <p>Please Bring:</p> <ul style="list-style-type: none"> <li>• Water</li> <li>• Lunch/snack</li> <li>• Sunscreen</li> <li>• Swimsuit</li> </ul> <p><b><u>Bus Leaves at 9:00am</u></b></p> <p><b><u>Pick Up after 5:00pm</u></b></p>	<p><i>Field trip to...</i></p> <p><b>White Water Rafting</b></p> <p><b>Waiver Needed!!!</b></p> <p>Please Bring:</p> <ul style="list-style-type: none"> <li>• Water</li> <li>• Lunch/snack</li> <li>• Sunscreen</li> <li>• Swimsuit</li> </ul> <p><b><u>Bus Leaves at 7:30am</u></b></p> <p><b><u>Pick Up after 7:30pm</u></b></p>	<p><b>Friday Fun Day</b></p> <p><b>Swimming &amp; Interactive Zone</b></p> <p><b>Friday Lunch</b></p> <p>Please Bring:</p> <ul style="list-style-type: none"> <li>• Water</li> <li>• Lunch/snack</li> <li>• Sunscreen</li> <li>• Swimsuit</li> </ul> <p><i>Pick Up after 4:00pm</i></p>

## Week 6: July 26 - July 30

Monday July 26	Tuesday July 27	Wednesday July 28	Thursday July 29	Friday July 30
<p><i>Field trip to...</i></p> <p><b>Berkeley Marina Windsurfing</b></p> <p>Please bring:</p> <ul style="list-style-type: none"> <li>• Water</li> <li>• Lunch/snack</li> <li>• Sunscreen</li> <li>• Swimsuit</li> </ul> <p><b>Need Waiver</b></p> <p><i>Pick Up after 4:00pm</i></p>	<p><i>Field trip to...</i></p> <p><b>Mountain Biking Or Iron Works</b></p> <p>Please Bring:</p> <ul style="list-style-type: none"> <li>• Water</li> <li>• Sunscreen</li> <li>• Snack/Lunch</li> </ul> <p><b>Need Waiver</b></p> <p><i>Pick Up after 4:00pm</i></p>	<p><i>Field trip to...</i></p> <p><b>Mountain Biking Or Iron Works</b></p> <p>Please bring:</p> <ul style="list-style-type: none"> <li>• Water</li> <li>• Lunch/snack</li> <li>• Sunscreen</li> </ul> <p><b>Need Waiver</b></p> <p><i>Pick Up after 4:00pm</i></p>	<p><i>Field trip to...</i></p> <p><b>Lake Merrit Canoeing</b></p> <p>Please bring:</p> <ul style="list-style-type: none"> <li>• Water</li> <li>• Lunch/snack</li> <li>• Sunscreen</li> <li>• Swimsuit</li> </ul> <p><b>Need Waiver</b></p> <p><b><i>Family Night 6:00-7:30PM</i></b></p> <p><i>Pick Up after 4:00pm</i></p>	<p><b>Friday Fun Day</b></p> <p><b>Swimming &amp; Interactive Zone</b></p> <p><b>Friday Lunch</b></p> <p>Please Bring:</p> <ul style="list-style-type: none"> <li>▪ Water</li> <li>▪ Sunscreen</li> <li>▪ Snack</li> <li>▪ Swimsuit</li> </ul> <p><i>Pick Up after 4:00pm</i></p>