



# Ready, Set, Grow!

YMCA Earthquake Safety and Expansion Project  
Construction Update

## UPDATE: September 29, 2008

### Strength Training Center and Temporary Free Weight Space Closed

Thursday, October 9, 2008  
11:00am – 6:00pm

Friday, October 10, 2008  
9:00am – 1:00pm

We will be moving equipment to the new Free Weight Center where most of the free weight equipment will be put in their final spots. There will be some equipment which will be moving to a temporary area while the Strength Training Center undergoes seismic reinforcement.

For more information contact Hailee Bland-Walsh, Fitness Director, at 510.665.3242 or [hblandwalsh@baymca.org](mailto:hblandwalsh@baymca.org)

Thanks for your continued support and patience.

#### Stay informed!

Sign up for Construction Updates: [www.baymca.org/grow](http://www.baymca.org/grow)

Pick up Construction Updates at the Welcome Desk

Look for Updates posted throughout the Y

Questions? Call 510.848.9622

